

# 10 point daily body inspection for your Puppy/Dog

I'd like for you to incorporate into your daily routine, this quick health checkup for your dog. It'll be one of the best 5 minutes you spend every day. Maybe it'll be in the morning while you drink your coffee. It won't take but a few minutes, and by doing this, you'll be on top of your puppy/dogs health.

Start with the head and work your way to the tip of the tail. Touching every part of your pups' body in between the head and tail. And don't forget to lift the tail and inspect anus. ☺

## Is your Dog a 10 today?

10 Point Total Body Inspection
1. Eyes – clear & bright
2. Ears – pink & nice smelling
3. Nose – shiny & moist
4. Mouth – breath, teeth, & gums
5. Coat – lustrous
6. Skin – flea-free; no sore spots
7. Paws – check pads & nails
8. Body – no lumps or bumps
9. Energy – up for anything
10. Weight – feel ribcage; appetite

## Daily Notes

Good	Not Good

Also, Pay attention throughout the day to his eating ritual. Did he/she skip a meal? Is he drinking water? Are his stools firm? Is he urinating normally or excessively?

**Did your pooch pass today?**